



Vision

“To provide everyone an opportunity to find inner peace so that sustainable world peace is achievable. (Inner Peace + Outer Peace = World Peace)”

Mission

“To provide tools and opportunities for mind empowerment and habit development with the support of certified trainers and like-minded community”

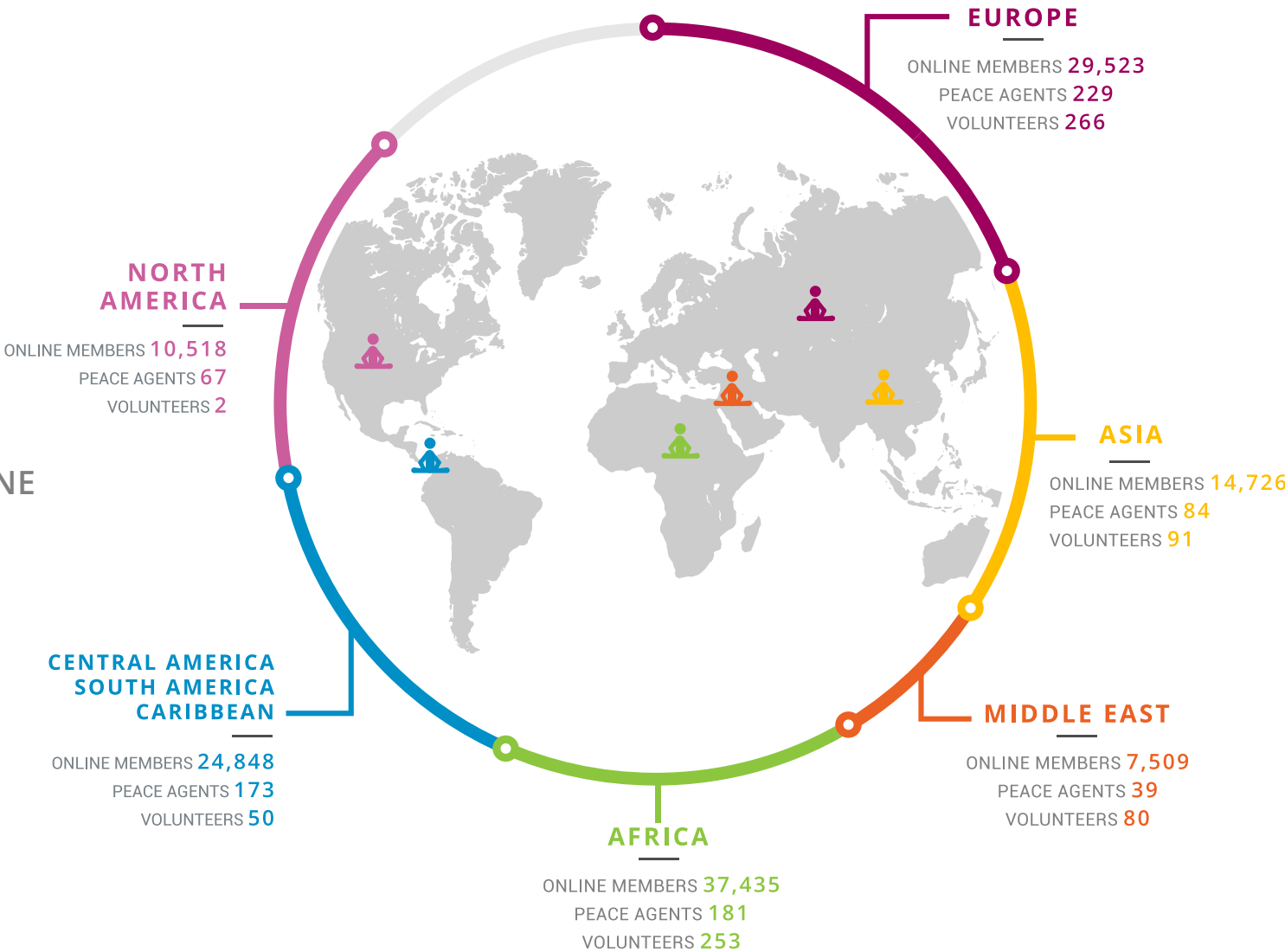
10 YEARS AGO
we started this roadmap for world peace and we believe that individuals are the main agents of peace building for a sustainable world peace.

Everything starts from the mind

When we think about peace, we often believe that it is the absence of war and when we think about revolution we think about war. Our definition of peace is more holistic and drives its source from the ancient philosophy whereby peoples’ mind is the foundation of any kind of peace in the physical world. In a given context where we have peace and stability, peoples’ minds can still be dealing with a great storm of challenges. The causes of war or destruction are always from factors related to the quality of the mind. And that’s the reason why we strongly believe in Peace from within as the ultimate chance for humanity to create peace starting from the peace of mind to the peace in the world. Hence, our tagline: **“PEACE IN; PEACE OUT!”**

Our Work

PEACE REVOLUTION ONLINE LEARNING PROGRAMS



ONLINE LEARNING PROGRAMS

When the world is calling for more social distance, WPI unites people through the internet using valuable content and programs. If you are looking for easy and affordable ways to develop yourself, our online Self-development program is what you need to start now. This program has been carefully constructed incorporating the following elements:



Guided meditation videos

We encourage practical learning processes. That's why we provide people with daily videos, where you can follow step by step instructions on how to meditate and build your inner peace.



Daily Reflection

Sharing is also caring. Our online program gives this wonderful opportunity, where you can reflect and share your experiences for more insights. This is a feature to keep track of your own self-development.



Acts of Self-Discipline

Life, nature and the world obey rules and code of conduct. If you are not disciplined, you may find some difficulties to succeed. Here we give you the chance to have different lessons on how to unlearn bad habits with little daily effort following specific Acts of Self-discipline that prepare you for life.



Meditation Journal

How could you evaluate yourself and keep improving? We believe that keeping your track record is the key. So, we provide you a space to record your own meditation experience and also interact with your personal Peace Coach who will mentor you along your self-development journey.



Peace Coach

People who started with us some years ago are now peace coaches on our platform and you can interact with them. Most of them have undergone outstanding transformation and are ready to help people discover the benefits of mediation and mindfulness practice. Our Peace Coaches are meditators who will voluntarily offer their time, energy, support and knowledge to those who are doing our program. You can meet our Peace Coaches [HERE](#)

ONLINE COURSES & WORKSHOPS

Personal development is very important in the creation of a peaceful and positive world. Because good people will always make good societies, we highly recommend everyone to work towards becoming a better person. Our online courses and workshops are designed for both groups of individuals and organizations to best support personal and organizational growth. We offer various components of learning aiming at sustainable changes for your lifetime knowledge, positivity to enrich your learning experience, enlightenment to give you the unforgettable moment when you discover your hidden potentials in order to help you overcome hardship and obstacles in work and life.

ONLINE MEDITATION RETREATS

Sometimes, we also want to find our inner peace from the comfort of our place. Knowing that, the World Peace Initiative Foundation (WPI) designs online meditation retreats which give you the advantage of taking part in online programs with the opportunity of living a unique moment of inner happiness, personal growth and networking. No previous meditation experience is required to attend our online retreats. And you will have the chance to connect with like minded people from around the world, meaning that you can participate in every activity from anywhere. We give you practical tools to use right away and the possibility to discuss with our teaching monks for personal coaching.

GUIDED MEDITATION

Learning through practice is the best way for people to acquire new knowledge. After many years of helping people of the world using meditation for personal and professional growth, we have developed an holistic teaching approach whereby anyone from any background can learn and use meditation techniques. Our guided meditation combined all the proven techniques which can help people experience the richness of meditation while learning from experienced instructors. We provide guided meditation in different languages because we believe in world diversity.

CLUBS

Working from the grassroots to the top level makes an efficient strategy. When young people can be active contributors and change makers, our nations are more ready to become a new world of happy, productive and peaceful society. We use clubs to create local communities of like-minded people who want to develop and empower themselves through meditation. We give support and encourage people to develop themselves using social projects for community development.

Our Reach

ACTIVITIES	COUNTRIES	PARTICIPANTS
 5,723	 240	 526,233

Transformational Stories

We have selected 100 most outstanding stories from people who have been able to transform their lives after joining our organization. From all of the people who have been positively changed after experiencing the benefits of inner peace through mindfulness practice, these people have been open and ready to share with us their transformational stories. They were once participants and today they have improved their personal and professional life in tremendous ways whereby they have become active contributors of our organization through our global community of peace builders in the world.

CHANNARY TAUCH / Programmer and Meditation Trainer



“How I Use Meditation to deal with the Coder's Block and focus on my work”

One thing many people in Tech would agree is that time ought to be productive. So, any idea of sitting and closing my eyes even for a minute would be a time gone. There are times when Coder's Block happens to me, I find myself staring into blank space with nothing coming to mind. With mindfulness and meditation, I have been able to change this. Whenever I sense the block stream coming, I simply take a deep breath and distance myself from it. I find a quiet corner and close my eyes for 15 minutes. It was hard at first because the problem is still there but you choose to sit and still the mind instead. This reset enables me to analyze the problem better and, honestly, I see fewer blocks than ever before.

ARMAND KODJO / Digital Strategist and Meditation Trainer



“You can change a bad habit with the right tools, effort, and community”

During the time when I initiated the West African Young People Summit, I got angry about the way some people reacted when lunch was late. I was eager to meet the daily goal and almost forgot about people's right to express their concerns and also have some rest when tired and hungry. I could not help being embarrassed after receiving some feedback. This incident led to my deep self-reflection that I needed some tools to learn how to master my emotions, mainly my anger, and sustain good relationships. After knowing the World Peace Initiative Foundation (WPI), my whole life has been transformed in a wonderful way. Not only mastering my emotion using meditation and mindfulness practice, I have acquired outstanding skills that help me improve my personal and professional life.

ASEEL NASSAR / Digital Strategist and Meditation Trainer



“The Power of Inner Healing”

I suffered a major skin allergy for almost 10 years that I made a firm commitment to take good care of my physical body. I learnt through a personal experience that it's not just body illness that can cause physical pain. And I was really gifted to discover the World Peace Initiative Foundation (WPI) through an online self-development program. It came to me as a golden gift in the perfect and the most needed time in my life. I found a tool that helped me change my mindset to be more flexible, optimistic, and resilient in dealing with many aspects in my life and also take full responsibility for my health.

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