



PEACE CLUB GUIDELINES

Every country should have
at least one Peace Club / 2026

1 • Overview

A PEACE Club is a non-political and non-religious movement open to individuals of all ages.

It is not permitted to register a PEACE Club as a legal entity in any country without official permission from the World Peace Initiative Foundation (WPI).



2 • Club Name & Location

◆ Each PEACE Club must follow a standard naming format: “City Name” PEACE Club of “Country.”

- ▶ Example: Nyamata PEACE Club of Rwanda.
- ▶ This format ensures global consistency and international visibility of all PEACE Clubs.

◆ The full name will appear on the official certificate, while a shorter version may be used in daily practice.

◆ A PEACE Club must be located in a city at least 100 kilometers away from any existing PEACE Club.

- ▶ Exceptions may be granted by WPI on a case-by-case basis.

3 · Logo and Intellectual Property

- ◆ The PEACE Club name and logo are the exclusive property of WPI.
- ◆ Members may use and display the name and logo only:
 - ▶ In an appropriate and dignified manner, and
 - ▶ During their active membership in an official PEACE Club.
- ◆ The right to use the name or logo ends immediately upon:
 - ▶ Termination of individual membership, or
 - ▶ Dissolution of the club.
- ◆ Any merchandise or promotional materials (e.g., T-shirts, banners) created under the PEACE Club name must receive prior approval from WPI through the Regional Coordinator (RC).



4 · Partnerships and Collaboration

- ◆ PEACE Clubs are encouraged to collaborate with like-minded organizations as strategic partners.
- ◆ For long-term partnerships, an MOU (Memorandum of Understanding) or official agreement must be proposed to WPI via the RC for review and approval.

5 · Club Activities

- ◆ Each PEACE Club must conduct recommended activities appropriate to its club level (C, B, or A) to ensure continuous development.
- ◆ PEACE Clubs are encouraged to organize fundraising campaigns to support their operations, provided that:
 - ▶ The campaign receives approval from the RC, and
 - ▶ The club does not accept sponsorships or partnerships from companies associated with:
 - ◇ Alcohol,
 - ◇ Cigarettes,
 - ◇ Intoxicants, or
 - ◇ Any business or entity that violates the Five Acts of Self-Discipline.

6 · Communication and Online Presence

- ◆ All PEACE Clubs must join the “Africa Peace Clubs” Facebook Group to:
 - ▶ Promote events,
 - ▶ Exchange information, and
 - ▶ Share activities with other PEACE Clubs across Africa and the world.
- ◆ A PEACE Club may create its own Facebook group or page to promote its local activities, but only under the following conditions:
 - ▶ RC is listed as the page/group owner.

- ▶ The Club Committees (CCs) members are assigned as editors.
- ▶ The page is used primarily to promote activities and raise funds responsibly.

7 • Annual Election

- ◆ Elections must be held within the timeframe designated by WPI — preferably **from December 1 to 15 each year.**

8 • Club Inactivity and Termination

- ◆ A PEACE Club that fails to conduct any activities for one year may be terminated with the joint approval of the RC and the WPI Committees.



Club Committees (CCs) & Members



- 1 • Composition & Election
- 2 • Eligibility & Membership Rules
- 3 • Peace Architects' Participation
- 4 • Code of Conduct
- 5 • Replacement & Re-election
- 6 • Eligibility for Peace Architect Grants (PCAT, Thailand)
- 7 • Eligibility for Active Members to Attend PCAT

1 · Composition and Election

- ◆ Each PEACE Club is led by **CCs** consisting of **three elected members**:
 - ▶ **President**
 - ▶ **Vice President**
 - ▶ **Secretary**
- ◆ CCs must be **elected annually** and remain **active for at least one year**.
- ◆ After every election, the **newly elected CCs must update the names of the CCs on the official website**. One person with one account only, with a **clear profile photo**.
- ◆ CCs must **work closely with the RC** to ensure clear communication and alignment with WPI guidelines.

2 · Composition and Election

- ◆ Only individuals who have **completed at least 21 days of the Peace Revolution Online Self-Development Program** prior to the election are **eligible to serve as CCs**.
- ◆ One person may **belong to more than one PEACE Club**, but can serve as a **CC in only one club** at a time.



3 • Peace Architects' Participation

- ◆ A **Peace Architect** may serve as part of CCs for a **maximum of two years** in any given club.
 - ▶ After this period, they may continue contributing as a **Club Advisor** to support the club's growth.
- ◆ To ensure fair training opportunities, **no more than one Peace Architect** is allowed to serve in the same CCs.
- ◆ This preserves a **quota of up to two members per club** eligible for **training in Thailand**.

4 • Code of Conduct

- ◆ All CCs must **strictly uphold the Five Acts of Self-Discipline**.
- ◆ **Violating any of the Five Acts will result in termination of CC status**, although the individual may continue as a **regular club member**.
- ◆ WPI strongly encourages **all club members**—not only CCs—to maintain the Five Acts of Self-Discipline.

5 • Replacement and Re-election

If any CCs:

- ◆ Fails to perform their assigned duties,
- ◆ Violates the Five Acts of Self-Discipline,
- ◆ Becomes inactive, or
- ◆ Withdraws from the club; the club must then **notify WPI** and **conduct a re-election within one month** to fill the vacancy.

6 · Eligibility for Peace Architect Grants (PCAT, Thailand)

Each year, **up to two-thirds (⅔)** of CCs can apply for the **Peace Architect Grant** to attend the **Peace Club Architect Training (PCAT)** in Thailand. To be eligible, the applicant must:

1. Have served in an **active CC role** for at least **3 months**.
2. **Complete the 42-day Peace Revolution Online Self-Development Program** (English version) **before the interview**.
3. **Attend both:**
 - ▶ The **Online BetterME Course**, and
 - ▶ The **Empowerment Boot Camp (EBC)**.
4. Be **fluent in English**.
5. **Pass both the pre-test and interview**.
6. **Be able to meet the Post-Training Requirement (PTR):** remain in their home country for at least one year after training, and **not travel abroad for more than 3 consecutive months**. *Note: Any violation of the PTR agreement will result in **blacklisting** from future grant opportunities.*



7 · Eligibility for Active Members to Attend PCAT

Each year, **one active club member (non-CC)** can also apply for the **Peace Architect Grant** to attend PCAT in Thailand, provided that:

- ◆ Only **one-third ($\frac{1}{3}$) of CCs** is selected for PCAT that year.
- ◆ WPI will **prioritize CCs**, and no **more than 2 people per club** can be selected each year.

To qualify, the active member must:

1. Have **served actively in the club for at least 3 months**.
2. **Complete the 42-day Peace Revolution Online Self-Development Program** (English version) **before the interview**.
3. **Attend both:**
 - ▶ The **Online BetterME Course**, and
 - ▶ The **Empowerment Boot Camp (EBC)**.
4. Be **fluent in English**.
5. **Pass both the pre-test and interview**.
6. Be **committed to serving as a CC** after completing PCAT.
7. **Be able to meet the Post-Training Requirement (PTR):** remain in the country for at least one year and **not travel abroad for more than 3 consecutive months**. ***Note:** Violation of the PTR agreement will result in **blacklisting** from all future WPI grants.*



Club Establishment & Level Adjustment

Achieving Steps

| | |
|---------|------------|
| Passion | Challenge |
| Joy | Expertise |
| Focus | Reflection |
| Detail | Creativity |

- 1 · Establishing a New PEACE Club (C Level)
- 2 · Establishing a New PEACE Club (A Level)
- 3 · Upgrading the Club Level
- 4 · Downgrading the Club Level
- 5 · Evaluation and Grant Cycle

1 · Establishing a New PEACE Club (C Level)

To establish a new PEACE Club at the C Level (initial stage):

◆ Submit an Application Form

- ▶ Provide a clear **plan and strategy** outlining the club's purpose, structure, and intended activities.
- ▶ Submit the form through the website:
- ▶ <https://wpifoundation.org/en/peace-clubs#/>

- ◆ The club must have at least one club leader or President who has completed 21 days of the Peace Revolution Online Self-Development Program.
- ◆ This qualifies the club to register in the system and begin operations at the C Level.

During the first 3 months of operation:

- ◆ **At least two additional members** (to serve as Vice President and Secretary) must also complete 21 days of the Peace Revolution Online Self-Development Program to qualify for election.
- ◆ The club must have at least **5 active members** to be eligible for the election.
- ◆ The President must submit quality online reports.
- ◆ The club must work closely with the PEACE Club Coordinator and follow the guidelines outlined in the *“Path for New Members to Follow”* to ensure proper growth and alignment with WPI standards.

Failure to meet these requirements will result in:

- ◆ Ineligibility to receive WPI grants, and
- ◆ No election will be permitted.

After 3 months of successful operation:

- ◆ The club must organize **an election within 15 days** and submit an election report.

- ◆ All CCs (President, Vice President, and Secretary), along with at least 5 active members, must be registered in the system **within 15 days** to be recognised as an **official C Level club**.
- ◆ From this point, the club becomes eligible for level upgrades.
- ◆ If, within one year after the election, the club does not qualify for an upgrade to B or A Level, its eligibility for future WPI grants will be reconsidered.

2 · Establishing a New PEACE Club (A Level)

A PEACE Club may be established directly at the A Level only if:

- ◆ All potential CCs (President, Vice President, and Secretary) have completed at least 21 days of the Peace Revolution Online Self-Development Program.
- ◆ The club has **at least 20 active members**.
- ◆ A detailed plan and strategy are submitted to the PEACE Club Coordinator via email for approval.

Once approved:

- ◆ The club must organize an election **within 15 days** and submit an election report.
- ◆ The CCs and 20 active members must be registered in the system **within 15 days** to be officially recognized as an A Level club.
- ◆ The club must work closely with the PEACE Club Coordinator and follow the guidelines outlined in the *“Path for New Members to Follow”* to ensure proper growth and alignment with WPI standards.

If the club fails to perform activities or submit required reports within one month of operation, it will be downgraded to C Level for the next 3 months and placed on a watchlist.

Note: WPI generally recommends starting at the C Level before advancing.

3 · Upgrading the Club Level

◆ From C Level to B Level:

- ▶ Minimum 10 active members registered in the system.
- ▶ The accumulated number of participants over 3 months must be at least 330.

◆ From B Level to A Level:

- ▶ Minimum 20 active members registered in the system.
- ▶ The accumulated number of participants over 3 months must be at least 960.

4 · Downgrading the Club Level

◆ From B Level to C Level:

- ▶ The total number of participants over 3 months is below the 2-month threshold for B Level (220 participants).
- ▶ Active members drop below 10.
- ▶ **The club has no representatives attending EBC**

◆ From A Level to B Level:

- ▶ The total number of participants over 3 months is below the 2-month threshold for A Level (660 participants).
- ▶ Active members drop below 20.
- ▶ **The club has fewer than 5 participants attending EBC (The downgrading will take effect on the next grant cycle.)**
- ▶ **The club has no representatives attending PCAT (The downgrading will take effect on the next grant cycle).**



5 · Evaluation and Grant Cycle

- ◆ Club upgrades or downgrades are assessed every 3 months.
- ◆ Once the accumulated participant numbers are confirmed, the club's status change will apply for the next 3-month period.
- ◆ The grant for the new level will be issued in the following payment cycle, not immediately.

Example Scenarios:

January–March:

A C Level club records 400 participants.

→ On April 15, WPI transfers USD 300 and upgrades the club to B Level.

April–June:

The B Level club records 400 participants.

→ On July 15, WPI transfers USD 600, and the club remains at B Level.

July–September:

The B Level club records 1,000 participants.

→ On October 15, WPI transfers USD 600 and upgrades the club to A Level.

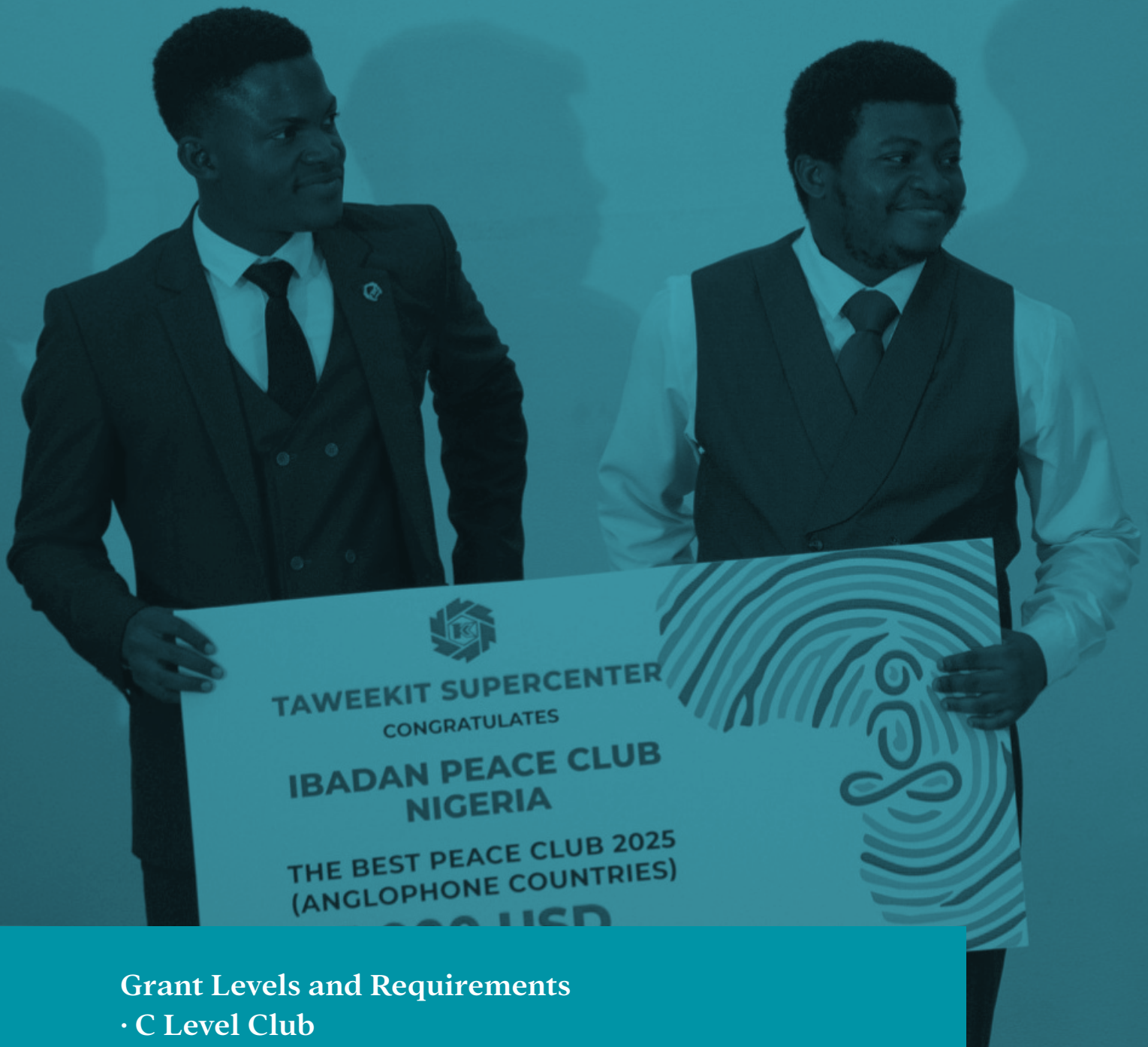
October–December:

The A Level club records 400 participants.

→ On January 15, WPI transfers USD 300 and downgrades the club to B Level.



WPI Grant



Grant Levels and Requirements

- C Level Club
- B Level Club
- A Level Club

The WPI Grant supports Peace Clubs in conducting activities that promote peace, mindfulness, and social impact. Funding may be used to:

- ◆ Run regular club activities and outreach programs.
- ◆ Support visa costs for Peace Architects and selected club members attending PCAT.
- ◆ Provide emergency support (e.g., accident or funeral) for active members, with approval from the CCs and RC.



Any misuse or personal manipulation of WPI funds will result in:

- ◆ Immediate termination of the CC status.
- ◆ Permanent blacklisting and loss of future eligibility.

Report Submission Guidelines

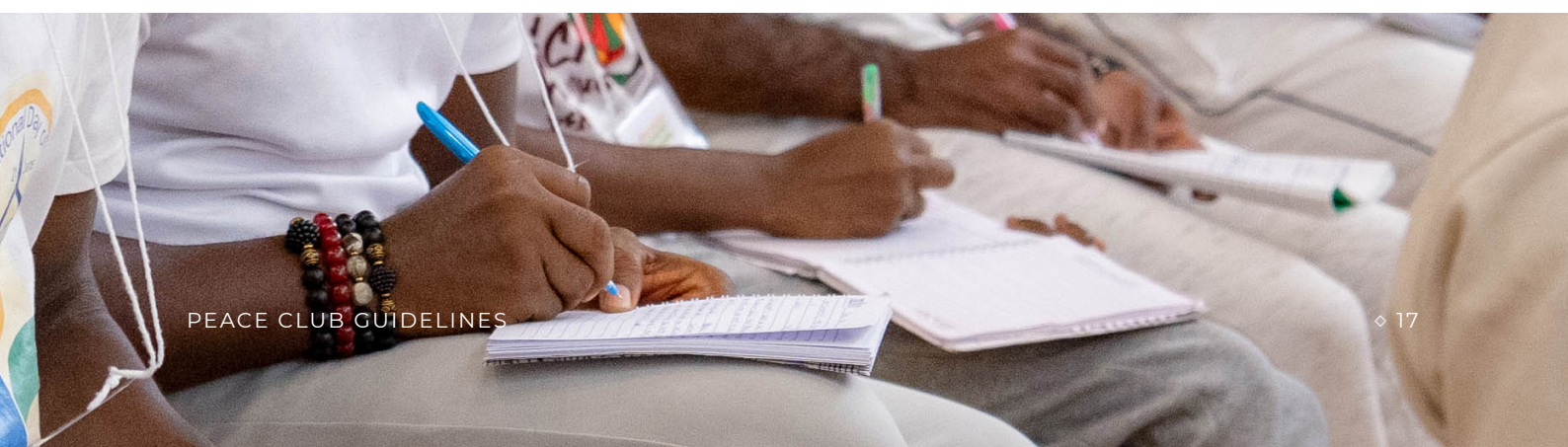
- ◆ The **CCs** must submit the **monthly activity report** by the **2nd of the following month**.
- ◆ Reports must meet **WPI standards** and submission deadlines.
- ◆ If **RC** provides comments, CCs must respond within **10 days**.
 - ▶ Failure to do so results in the **report being locked** and the grant **being withdrawn**.

Example:

If an activity is held on **January 30**, the report must be submitted by **February 2**.
If comments are added, revisions must be done by **February 12**.

Reports must include:

- ◆ Background and objectives
- ◆ Challenges and accomplishments
- ◆ Photos and activity documentation



Grant Levels and Requirements

• C LEVEL CLUB

Monthly Grant: USD 100

Quarterly Maximum: USD 300

Requirements:

1. At least **5 active members** are registered in the WPI system.
2. **Attend at least one Mindstories per month** with a minimum of **10 club members**.
3. Organize club meetings and recommended activities, totaling **at least 40 participants per month**.
 - ▶ Example: Two sessions (20 and 25 participants) = 45 total = eligible.
4. Each activity must include **at least 10 minutes of guided meditation, unless in a conference-style format, in which 5 minutes of meditation may be acceptable** on a case-by-case basis.

Restrictions:

- ◆ Audio-guided meditation will **not be counted** if:
 - ▶ Participants are **under 10 years old**, or
 - ▶ The group exceeds **100 participants**.
- ◆ Online activities must have at least 50% of participants with cameras on during screen capture; otherwise, the activity will not qualify for WPI grants.
- ◆ Activities with 100 or more participants must use a microphone and sound system. Events held without proper audio equipment will not be eligible for WPI grants.

Recommended Activities:

- ◆ Meditation and Self-Development Workshops
- ◆ Peace-Building Events with Peace or Social Activists
- ◆ Peace Education via Teachers and Educators

- ◆ English Classes (esp. in French-speaking countries)
- ◆ Public Service Projects with government or international organizations
- ◆ Edutainment Events (influencers, bloggers, media)
- ◆ Public Speaking Workshops by an invited professional speaker/trainer

Grant Disbursement:

- ◆ Funds are transferred **every three months**.
- ◆ If the club achieves the **monthly participant target of at least 50 participants** — comprising **10 club members from a Mindstories online session** and **40 participants from other recommended activities** — and fulfills **all other requirements**, it will be eligible to receive the **full quarterly grant of USD 300** (equivalent to **USD 100 per month** for three months).
- ◆ If not, participant numbers can be **accumulated over three months**:
 - ▶ 50–99 participants = **USD 100**
 - ▶ 100–149 participants = **USD 200**
 - ▶ 150+ participants = **USD 300**
- ◆ However, **no grant will be awarded** if the club fails to have at least **10 participants** attend a **Mindstories** online session.

Performance Review:

If the club remains at C level for over a year (not be able to upgrade to B level), WPI may **reconsider future grants**. RC and CCs must create an improvement plan; otherwise, the club may be **terminated**.



· B LEVEL CLUB

Monthly Grant: USD 200

Quarterly Maximum: USD 600

Requirements:

1. At least **10 active members are registered** in the WPI system.
2. Attend **at least one Mindstories per month with a minimum of 10 club members.**
3. Organize club meetings and recommended activities, totaling **at least 100 participants per month.**
4. Each activity must include **at least 10 minutes of guided meditation, unless in a conference-style format, in which 5 minutes of meditation may be acceptable** on a case-by-case basis.

Restrictions:

- ◆ Audio-guided meditation will **not count** if:
 - ▶ Participants are **under 10 years old**, or
 - ▶ The group exceeds **100 participants.**
- ◆ Online activities must have at least 50% of participants with cameras on during screen capture; otherwise, the activity will not qualify for WPI grants.
- ◆ Activities with 100 or more participants must use a microphone and sound system. Events held without proper audio equipment will not be eligible for WPI grants.

Recommended Activities:

- ◆ Meditation and Self-Development Workshops
- ◆ Peace-Building Events with Peace or Social Activists
- ◆ Peace Education via Teachers and Educators
- ◆ English Classes (esp. in French-speaking countries)
- ◆ Public Service Projects with government or international organizations
- ◆ Edutainment Events (influencers, bloggers, media)
- ◆ Public Speaking Workshops by an invited professional speaker/trainer



Grant Disbursement:

- ◆ Funds are transferred **every three months**.
- ◆ If the club achieves the **monthly participant target of at least 110 participants** — comprising **10 club members from a Mindstories online session and 100 participants from other recommended activities** — and fulfills **all other requirements**, it will be eligible to receive the **full quarterly grant of USD 600** (equivalent to **USD 200 per month** for three months).
- ◆ If not, participant numbers can be **accumulated over three months**:
 - ▶ 110 – 219 participants = USD 200
 - ▶ 220 – 329 participants = USD 400
 - ▶ 330+ participants = USD 600
- ◆ However, **no grant will be awarded** if the club fails to have at least **10 participants** attend a **Mindstories** online session.

Performance Review:

If **no representatives attend EBC or PCAT** during the year, RC and CCs must develop a tangible improvement plan; otherwise, the club may face **downgrading or reconsideration for grants**.

• A LEVEL CLUB

Monthly Grant: USD 400

Quarterly Maximum: USD 1,200

Requirements:

1. At least **20 active members** are registered in the WPI system.
2. **Attend at least one Mindstories per month** with a minimum of **20 club members**.
3. Organize club meetings and recommended activities, totaling **at least 300 participants per month**.
4. Each activity must include **at least 10 minutes of guided meditation, unless in a conference-style format, where 5 minutes of meditation may be acceptable** on a case-by-case basis.

Requirements:

- ◆ Audio-guided meditation will **not count** if:
 - ▶ Participants are **under 10 years old**, or
 - ▶ The group exceeds **100 participants**.
- ◆ Online activities must have at least 50% of participants with cameras on during screen capture; otherwise, the activity will not qualify for WPI grants.
- ◆ Activities with 100 or more participants must use a microphone and sound system. Events held without proper audio equipment will not be eligible for WPI grants.

Mandatory Annual Activities:

- ◆ **EBC (Empowerment Boot Camp)** — organized by the club or jointly with others (10-15 participants) to build up the team members, who will represent the club in PCAT, at any time of the year.
 - ▶ Clubs fail to meet the minimum of 5 participants will be **downgraded**.
- ◆ **PAID BetterME Workshop (BMW)** — organized by BMC(s) for private or public sector groups to raise funds for the club. It can be held as one session, one

day, or multiple days. Fees are determined by each club.

- ▶ The audience should be more than 5 people
- ▶ Revenue split: **50% for the club, 50% for BMC(s).**

◆ **BetterME Tournament (BMT)** — organized by BMC(s) for university students, professionals, or the public once a year.



After each election, A-Level clubs must submit to the RC a timeline of the three mandatory activities that WPI recommends the club to organize.

Grant Disbursement:

- ◆ Funds are transferred **every three months.**
- ◆ If the club achieves the **monthly participant target of at least 320 participants — comprising 20 club members from a Mindstories online session and 300 participants from other recommended activities** — and fulfills **all other requirements**, it will be eligible to receive the **full quarterly grant of USD 1,200** (equivalent to **USD 400 per month** for three months).
- ◆ If not, participant numbers can be **accumulated over three months**:
 - ▶ 320 – 639 participants = USD 400
 - ▶ 640 – 959 participants = USD 800
 - ▶ 960+ participants = USD 1,200
- ◆ However, **no grant will be awarded** if the club fails to have at least **20 participants** attend a **Mindstories** online session.

Grant Summary Table:

| Club | Monthly Grant | Required Active Members | Monthly Total Participants | Mindstories Requirements | Meditation Rule |
|------|---------------|-------------------------|----------------------------|--------------------------|-----------------|
| C | \$100 | 5 | 40 | 10 members | 10 min |
| B | \$200 | 10 | 100 | 10 members | 10 min |
| A | \$400 | 20 | 300 | 20 members | 10 min |

Performance Review:

If the club has **no representatives attending PCAT** that year, the RC must collaborate closely with the CCs to analyze the situation and develop a tangible improvement plan; otherwise, WPI may **downgrade the club**.

Common Violations That May Lead to Grant Loss

- ◆ Mindstories attendance is not fulfilled
- ◆ A report is not corrected within 10 days
- ◆ Not using a microphone properly
- ◆ Using audio guide for more than 100 people's sessions
- ◆ For online sessions, less than 50% cameras are on
- ◆ Miss to send representatives to EBC or PCAT



Path for New Members to Follow



Month 1: Introduction to Self-Development

Months 2-3: Deepening the Practice

Months 4-5: Extending Inner Growth

Months 6-7: Sharing and Leadership

Months 8-9: Mindful Decluttering

Month 10: Cultivating Discipline and Balance

This 10-month pathway provides a structured approach for new PEACE Club members, not only for the newly created clubs, to develop mindfulness, discipline, and leadership skills through consistent practice, reflection, and community challenges.

Month 1: Introduction to Self-Development

◆ Club Meeting Focus:

- ▶ Introduce the **21-Day Peace Revolution Online Self-Development Program** to help members begin their meditation journey.
- ▶ Emphasize the importance of practicing the **Five Acts of Self-Discipline**.
- ▶ **Encourage all members to follow LIVE Q&A by Monk John in English or Monk Ake in French** to strengthen the knowledge in meditation and mindfulness once a month via Africa Peace Clubs Group on Facebook.

Month 2-3: Deepening the Practice

◆ Club Meeting Focus:

- ▶ Reflect on members' experiences during the **21-day journey**.
- ▶ Encourage members to **continue for another 21 days** to qualify for selection to the **Empowerment Boot Camp (EBC)**.

◆ Club Challenge:

- ▶ **“Clean Toilet Challenge”** — Clean a toilet **once a week for one month** to cultivate humility and mindfulness through daily service.



Month 4-5: Extending Inner Growth

◆ Club Meeting Focus:

- ▶ Reflect on members' progress through the **21-day or 42-day journey**.

◆ Club Challenge:

- ▶ **“Jab-Dee Challenge”** — Perform **Jab-Dee (Find goodness in others)** every day for one month.



Month 6-7: Sharing and Leadership

◆ Club Meeting Focus:

- ▶ Reflect on insights gained from the **Jab-Dee Challenge**.

◆ Club Challenge:

- ▶ **Organize one meditation workshop** for the club or local community.
- ▶ *(This activity should be completed before the Empowerment Boot Camp.)*

Month 8–9: Mindful Decluttering

◆ Club Meeting Focus:

- ▶ Interview preparation for **PCAT** candidates.

◆ Club Challenge: Decluttering Series

- ▶ **Week 1:** Declutter a **closet** (take before-and-after photos).
- ▶ **Week 2:** Declutter **email inbox** and **work desk**.
- ▶ **Week 3:** Declutter the **refrigerator**.
- ▶ **Week 4:** Declutter **bookshelf** or **storage area**.

Month 10: Cultivating Discipline and Balance

◆ Club Meeting Focus:

- ▶ Reflect on lessons from the **Decluttering Challenge**.

◆ Club Challenge:

- ▶ “**Early-to-Bed, Early-to-Rise Challenge**” — Maintain a **bedtime of 10:00 PM** and a **wake-up time of 5:00 AM** for one week or more to strengthen self-discipline and mindfulness in daily life.



Club Campaigns



**PEACE IN
PEACE OUT**
WPIFOUNDATION.ORG

January - Be a Better Version of Myself

February - Cultivate Self-Love from Within

March - Stress-Free Day

April - Earth Day

May - Capacity Building through Habitual Transformation

June - Discipline Game

July - Visualize Success, Maximize Mindfulness

August - Emotional Intelligence

September - Peace In, Peace Out

Each PEACE Club is encouraged to organize **monthly campaigns** to engage members and the public in mindfulness-based activities.

Campaigns may be conducted **online or offline**, but must include a **meditation component** and involve **at least 10 participants** in each event.

January – Be a Better Version of Myself

Theme: *Make a New Year's Resolution to be BetterME, BetterYOU*

Focus on personal growth and self-improvement at the beginning of the year. Encourage members to set meaningful goals that promote mindfulness, kindness, and positive transformation.

February – Cultivate Self-Love from Within

Theme: *Knowing Yourself is Loving Yourself*

Help members explore self-awareness and emotional well-being through meditation and reflection, strengthening genuine self-love, self-care, and self-worth.

March – Stress-Free Day

Theme: *Set Yourself Free from Stress and Worry*

Organize activities that help participants release stress and anxiety through mindfulness and relaxation techniques, fostering peace of mind.



April – Earth Day

Theme: *Clean Your Mind to Clean the World*

Celebrate Earth Day by connecting environmental awareness with mental clarity. Promote the idea that a peaceful mind contributes to a cleaner, more sustainable world.

May – Capacity Building Through Habitual Transformation

Theme: *Learn Good Habits & Unlearn Bad Habits*

Encourage participants to reflect on their habits and cultivate mindfulness-driven routines that lead to positive personal and social change.

June – Discipline Game

Theme: *Self-Discipline Starts with Your Bedtime*

Highlight the importance of discipline in daily life. Challenge members to maintain consistent sleep routines and mindful habits that support mental clarity and productivity.

July – Visualize Success, Maximize Mindfulness

Theme: *How Mental Strength Brings Success in Life*

Guide members in visualizing their goals and understanding how meditation and mindfulness enhance focus, resilience, and long-term success.

August – Emotional Intelligence

Theme: *Celebrate International Youth Day with Emotional Intelligence*

Promote emotional awareness, empathy, and balance—especially among youth—through mindfulness practices and discussions that enhance inner and social harmony.



September – Peace In, Peace Out

Theme: *Celebrate the International Day of Peace through Inner Peace Education*
Mark the International Day of Peace by emphasizing the connection between inner peace and world peace. Host activities or public events that promote peace education and awareness of meditation.



2-Day Empowerment Boot Camp (EBC)

- 1 • Overview
- 2 • Organizing Responsibility
- 3 • Participant Requirements
- 4 • WPI Support Structure

1 • Overview

The **Empowerment Boot Camp (EBC)** is a two-day intensive training program designed to strengthen participants' inner peace practice, leadership skills, and mindfulness habits through guided activities and meditation. The purpose of EBC is to build up the team members who will represent the club in PCAT. However, there is no guarantee that everyone attending EBC will be selected to PCAT. And this is not an automatic process. Each alumnus of EBC needs to apply to PCAT individually. The WPI committee will make an appointment for an interview only to the potential candidates, but will not send any accepting or rejecting emails to all applicants.



2 • Organizing Responsibility

- ◆ **A Level Clubs** are required to **organize their own EBCs** — either **independently** or in collaboration with other A or B Level clubs.
- ◆ Collaboration is encouraged within the same country or **neighboring countries** to optimize resources and participation.
- ◆ It can be held at any time of the year but not later than August.

3 · Participant Requirements

- ◆ Each A Level Club must ensure the EBC includes:
 - ▶ **Prefer 10-15 participants** in total.
 - ▶ **If fewer than 5 participants are qualified**, the club can be considered for downgrading, so the strategy needs to be adjusted.

- ◆ B Level Club has a quota of up to 10 participants, the maximum, but will be considered on a case-by-case basis. They can join either by flight or land transportation to the nearest or cheapest country where the A Level Club organises EBC. To be funded by flight, they need to finish 42-day of the Peace Revolution Online Self-development program with the condition of limited land transportation. If finishing only 21 days, only land transportation will be available.

- ◆ All participants must:
 - ▶ Be **English-speaking**, and
 - ▶ Have **completed at least 21 days** of the **Peace Revolution Online Self-Development Program** prior to joining the EBC.
 - ▶ Are **active members of the club**.



4 • WPI Support Structure

WPI provides support for BMCs and staff based on the number of participants as follows:

| Number of Participants | WPI Support |
|------------------------|-------------------------|
| 10-15 participants | 2 BMCs |
| 16-25 participants | 2 BMCs + 1 staff member |
| 26-40 participants | 2 BMCs + 2 staff member |



BetterME Tournament (BMT) Event Guidelines



- 1 · Overview
- 2 · Planning and Preparation
- 3 · Tournament Structure

1 · Overview

The **BetterME Tournament (BMT)** is a one-day competition designed to inspire personal growth, mindfulness, and intellectual engagement through the BetterME Model. The event may be conducted in **English or French** and aims to promote self-development through friendly competition and mindful learning.

2 · Planning and Preparation

A. Define the Target Group

- ◆ Identify the appropriate audience (students, young professionals, or community groups).
- ◆ Decide on a tentative date and time for the event.

B. Seek Support and Partnerships

- ◆ Collaborate with partners, sponsors, or co-hosts.
- ◆ Secure financial or logistical support (venue, refreshments, internet access).

Note: WPI cannot provide extra financial support beyond regular monthly grants.



C. Participant Recruitment

- ◆ Announce a call for **100+ applications** (because at least 100 participants need to show up at the event).
- ◆ It can be free registration in 2026 as the pilot phase, but after that, it will be paid.

D. Participant Preparation

- ◆ Participants are required to watch the official BetterME Model videos led by the CEO of WPI and Founder of the BetterME Model.
- ◆ Organize **Tutorial Sessions by BMC.**

NOTE: *If there are many clubs in one country and the clubs would like to set up the national team to conduct BMT together, all clubs should work towards one particular club's BMT by dividing the work among the clubs including promotion. BMT will be counted for that particular club only. Until all BMTs are carried out successfully, all clubs will get credit from organizing BMT.*



3 • Tournament Structure

Basic Details (to be filled by the organizing club)

- ◆ Parters
- ◆ Funding / Sponsorship
- ◆ Venue
- ◆ Launch Date
- ◆ Event Date

A. Pre-Event

- ◆ Participants watch official BMM videos by the CEO of WPI/The Founder of BMM.
- ◆ Clubs conduct Tutorial Sessions by BMC.

B. Event Day Program

1. Opening Session

- ◆ Welcome speech by organizers, sponsors, and partners.
- ◆ 10-30 minutes of IPT guided by Peace Architect before the competition starts.

2. Competition Rounds

ROUND 1

- ◆ **Questions:** 30 multiple choices
- ◆ **Answering Time:** 20 minutes via watching the video
- ◆ **Process:** CC collects answer sheets and counts scores while participants watch the video
- ◆ **Result:** Top 30 participants advance

Note: All non-advancing participants (70 people) can continue in Round 2 but no score will be counted. The learning of BMM is not limited to anyone.

ROUND 2

- ◆ **Questions:** 20 multiple choices
- ◆ **Answering Time:** 20 minutes via watching the video
- ◆ **Process:** CC counts scores

- ◆ **Result:** Top **10 participants** advance
- ◆ **Note:** All non-advancing participants (30 people) will receive certificates
- ◆ **Tip:** Prepare 3 spare questions for each round from here onward



ROUND 3

- ◆ **Participants:** 10 (divided into 5 pairs via a lucky draw)
- ◆ **Process:**
 - ▶ Each pair plays “Paper–Scissors–Hammer” to decide who answers first
 - ▶ Both receive the same printed question
 - ▶ Each answers the question on the stage
 - ▶ Watch the video for the right answer
 - ▶ BMC(s) give the score
- ◆ **Goal:** Reduce participants to **not more than 5** for the semi-final

SEMI-FINAL ROUND

- ◆ **Participants:** 5
- ◆ **Process:**
 - ▶ Each participant does a lucky draw to get a different ranked question
 - ▶ Each answers the question on the stage

- ▶ Watch the video for the right answer
- ▶ BMC(s) give the score
- ◆ **Goal: Result in 2 finalists (if result in 3 finalists, back-up question is needed)**



FINAL ROUND

- ◆ **Participants:** 2
- ◆ **Process:**
 - ▶ Each participant does a lucky draw to get two different ranked questions
 - ▶ Each gives **2-minute BMM Talk** on the stage (during this time, CC prepare voting papers and ballot boxes for all 100 participants)
 - ▶ Watch the video for the right answer
- ◆ **Scoring Method:**
 - ▶ BMC(s) give the score
 - ▶ Popular vote from all participants
 - ▶ In case of a tie → CC gives the final vote

Note: The winner of one club can not participate in any other BMTs within one year.



Summary Table

| Round | Participants | What Happens | Result |
|------------|--------------|--|-------------|
| Round 1 | 100 → 30 | 30 questions | Top 30 |
| Round 2 | 30 → 10 | 20 questions | Top 10 |
| Round 3 | 10 → 5 | Pair battles (paper-scissors-hammer → same printed question → PP video → BMC scoring) | Remaining 5 |
| Semi-Final | 5 → 2 or 3 | Lucky draw questions + scoring | Finalists |
| Final | 2 | Live talk + popular vote + BMC score | Winner |



3 · Award Ceremony

- ◆ Announcement of the Winner
- ◆ Prize presentations
- ◆ Closing speeches and the organizing club

4 • Awards and Recognition

| Category | Award |
|--------------------|--|
| Winner | Certificate of Excellence + 300 USD cash prize |
| Runner-up | Certificate of Achievement + 100 USD cash prize |
| 3rd-5th Place | Certificate of Achievement + 10 USD each |
| Round 2 Qualifiers | Online Certificate of Recognition |



WPI will establish a YouTube channel, “BetterME Tournament,” to showcase event highlights and promote future tournaments.

Privilege & Award Program in Thailand



- 1 • Overview
- 2 • Annual Awards
- 3 • Important Notes

1 • Overview

The **Privilege and Award Program** is organized annually by the **World Peace Initiative (WPI)** to honor outstanding PEACE Clubs and individuals who demonstrate exceptional commitment to self-development, leadership, and the promotion of inner peace within their communities.

All awards are presented during the annual **WPI ceremony in Thailand**, recognizing dedication, service, and contribution to the global peace movement.

2 • Annual Awards

a. Best Peace Club of the Year (XX)

- ◆ Presented to the most outstanding PEACE Club that has shown excellence in leadership, creativity, and consistent activity throughout the year.
- ◆ The award includes:
 - ▶ A **Certificate of Recognition**, and
 - ▶ A **grant** (either **cash or in-kind sponsorship**).

b. Best Peace Trainer of the Year (20XX)

- ◆ Awarded to one **Mindfulness and Meditation Trainer (Peace Architect)** who has made exceptional contributions to peace education and community empowerment.
- ◆ The award includes:
 - ▶ A **Certificate of Recognition**, and
 - ▶ A **grant** (either **cash or in-kind sponsorship**).

c. Certificate of Achievement

- ◆ Presented to all **B-Level PEACE Clubs** in recognition of their consistent performance, growth, and contribution to spreading peace locally.

d. Certificate of Excellence

- ◆ Presented to all **A-Level PEACE Clubs** in recognition of their outstanding leadership, impact, and continuous improvement in peace-building initiatives.

e. Prestigious Brooch Pin Award

- ◆ Awarded to **scholarship recipients traveling to Thailand**, as a symbolic recognition of:
 - ▶ Their **personal self-development**, and
 - ▶ Their **dedicated service** to the WPI mission and the global PEACE Club network.



3 · Important Notes

- ◆ All awards are **subject to change** depending on **available funding** and sponsorship support.
- ◆ The club receiving the **Best Peace Club of the Year** award must:
 - ▶ **Share its success stories** and best practices with other clubs,
 - ▶ Participate in knowledge-sharing sessions **upon invitation from RCs**.

References

5 ACTS OF SELF-DISCIPLINE

- ◆ Abstain from killing and harming any living beings
- ◆ Abstain from stealing, cheating, or corruption
- ◆ Abstain from sexual misconduct
- ◆ Abstain from lying, false speech, harsh speech, or gossiping
- ◆ Abstain from all intoxicants, including cigarettes, alcohol, and drugs

MISSING COUNTRIES (24)

- | | |
|------------------------------|----------------------------|
| 1 · Angola | 13 · Mayotte |
| 2 · Cameroon | 14 · Namibia |
| 3 · Cape Verde | 15 · Niger |
| 4 · Central African Republic | 16 · Republic of the Sudan |
| 5 · Chad | 17 · Reunion |
| 6 · Comoros | 18 · Saint Helena |
| 7 · Congo, DR | 19 · São Tomé and Príncipe |
| 8 · Equatorial Guinea | 20 · Seychelles |
| 9 · Eritrea | 21 · Somalia |
| 10 · Malawi | 22 · Somaliland |
| 11 · Mauritania | 23 · South Africa |
| 12 · Mauritius | 24 · South Sudan |



Peace In, Peace Out
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