



IN AFRICA

2012 PIPO ON DEMAND

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PEACE AGENTS

Realizing inner peace and outer peace (PIPO) in Africa is a dream that is now becoming a reality for many Africans. In September 2012, four African Peace Agents combined their resources and willpower to bring about PIPO in Africa.



AYA CHEBBI from Tunisia, joined the December 2011 Global Peace on the Move VI in Thailand. She is an activist, amateur photographer, blogger and peace coach, and has founded a women-led organization called ‘United Women for Peace’, aimed at defending women’s rights.



KUBWIMANA VENUSTE from Rwanda joined the February 2012 Global Peace on the Move VII in Thailand. He is the director of the International Transformation Foundation in Kenya. “We want to introduce Peace Revolution’s approach to pass on culture of everlasting peace in Africa. The approach that doesn’t require any external materials to develop a culture of peace.”



MEDIATRIX MASAVA from Kenya, joined the June 2012 Global Peace on the Move VIII Fellowship. She is a volunteer for a global NGO committed to transforming society, beginning with change in individual lives and relationships called: ‘Initiative of Change’. “I think meditation leads to peace, because it has helped me get peace. A kind of peace that comes from within that I could not get from anywhere else in the world.”



KENNTH AJUNWA UDOCHUKWU from Nigeria, joined the February 2012 Global Peace on the Move VII Fellowship. He is an IT professional at Alvan College and his spare time is dedicated to community development. “Peace has always been among humanity’s highest values--for some, supreme.”

KENYA

NIGERIA



Kenya has a population of about 39 million, and gained independence as recently as 1963. It is a popular wildlife tourism destination, with some of the most spectacular savanna landscapes in Africa. It is home to the great Lake Victoria and the highest mountain in the continent, Mount Kilimanjaro. With majestic natural beauty, the country of Kenya is rich in many ways other than natural minerals, but its people still face tribal conflicts, severe poverty and issues such as alcoholism. The team of Peace Agents is striving to restore the balance and bring PIPO to all Kenyans.

OUTERING HIGHSCHOOL

Outering High School is located in a slum area of Nairobi. Some 120 high school students were passionately waiting for Peace Revolution as the Dean introduced the project. They learned about a very important topic: human rights. Human rights start with self-respect, which is cultivated through meditation and virtuous self-discipline.





"The students need to know why peace is important to their lives, and go and share that to their families."



CATHOLIC UNIVERSITY



"Meditation is a mental exercise, and does not belong to any particular religion. Every human being has a mind and a body, meditation is therefore a human issue, not a religious issue."



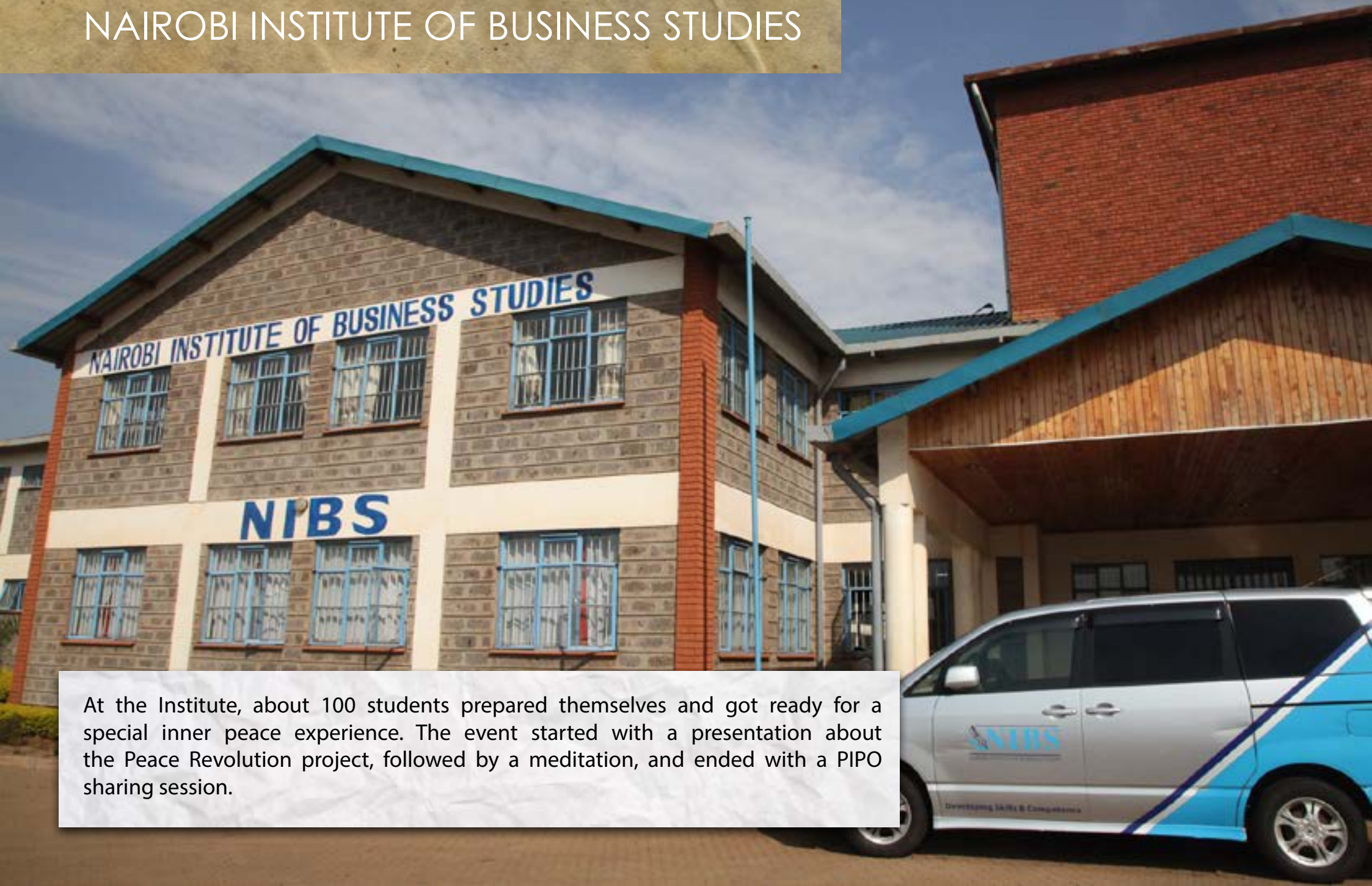


FORRNAX COLLEGE

Venerable Somsak explained and illustrated the four levels of meditation, "Relaxation, Inner Peace & Contentment, Healing, and Spirituality", after which they enjoyed a meditation session and experimented with the stillness of their minds. Everyone had a chance to ask questions and left the room with peaceful smiles on their faces



NAIROBI INSTITUTE OF BUSINESS STUDIES



At the Institute, about 100 students prepared themselves and got ready for a special inner peace experience. The event started with a presentation about the Peace Revolution project, followed by a meditation, and ended with a PIPO sharing session.





THE PEACE WITHIN

"Peace Revolution will be sharing about peace, trust building, and integrity," says Mike Muikia of Initiatives of Change and 'Kenya I Care', "so that students can become aware of the times they are living in and through this, they will be able to respond to these challenges in a better way."



"I forgot about the war within me .If you don't have peace in your mind, there's no way you are going to have peace with other people. And as a social worker, I would like to have peace with myself. And today my mind was at peace."

ST. BAKITA GIRL SCHOOL



Around 150 young girls filled up a big room sitting next to each other, echoing innocent laughs all over the place. The mental object was special in this session, because it referred to a perfectly rounded ice cream ball.

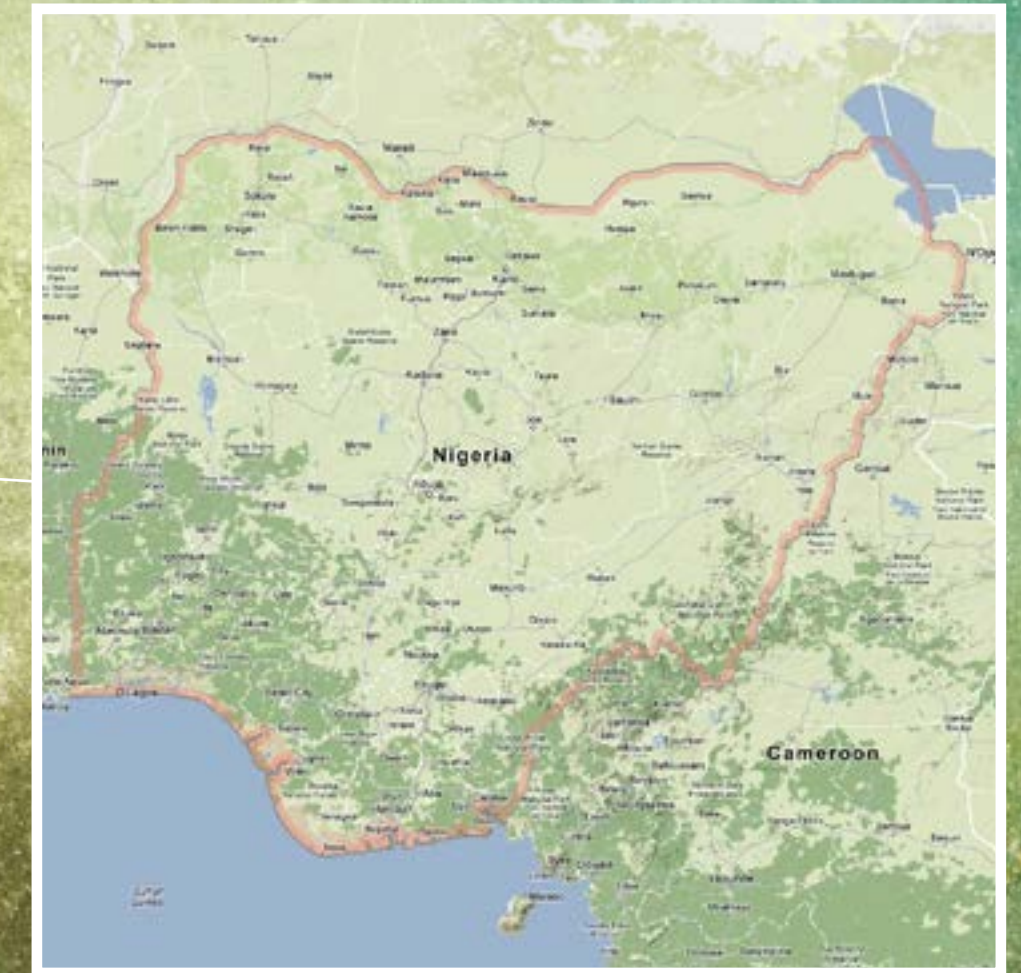




Tessi said, "At the beginning I felt something in my mind, a great calm. Then something went down from my throat to my stomach, where I felt a great relief. Then I saw myself inside. I was sitting with my legs crossed. It was like a miracle, I didn't know what was happening to me. I felt a great calm, relief, and peace in myself, that's all."

Heavy rain was falling outside but it could not dampen the joy inside the room.





Life in Nigeria is typical of most African countries - most people are very poor. In fact, 60% live below the poverty line, which is 1 USD a day. But for others, the country offers plenty of challenges, adventure, and great riches. Out of the corruption, violence, injustice, and poverty, one 'Man at Peace' is reaching out to the country's young people, teaching them how to harness the peace inside and outside of them, and a way to channel PIPO (Peace In-Peace Out) to change the destiny of Nigeria.



ALVAN COLLEGE
OWERRI, IMO STATE





Honourable Kenneth Emelu, the Commissioner for Youth and Sport in Imo State, opened the session with a few words. Here both students and state officials felt peace grow within them through meditation. PIPO was the prevailing word of the day.



The workshop was centered around the theme of 'Achieving peace and development in Nigeria using PIPO'.

FEDERAL GOVERNMENT GIRL COLLEGE




“Peace in Nigeria for Youth, by Youth:
Harnessing the Peace in and out of us”



Young girls crowded into the modest room with bright smiles and delightful laughter. Their enthusiasm and willingness to meditate was evident. Once Ven. Somsak asked them to close their eyes, the bustling room became quiet and an energy of peace filled the four walls.



CONCLUSION



The African Sun is rising again to start a brand new day, to make everything fresh and pure. This time, it is the Inner Sun of Peace that destroys the causes of anger, conflict, and suffering. When change starts within us, then we can show the world the way to go. We will be the change; we want the world to see. With the message of PIPO: when you change your mind, you change the world, the Peace Revolution PIPO in Africa Tour ended. The light in Africa will start from the light within us.



PEACE IN PEACE OUT!



watch "The Search Engine" on Youtube

watch "Man in Peace" on Youtube

