

Mastering the art of Inner Peace

The search for Inner Peace is a journey as old as time itself. Many have set out on this journey, but only a few have discovered the precious treasure of Inner Peace. Yet, there is an ancient legend which speaks of a mysterious land, hidden away in a faraway place, beyond time, space, and imagination. In December 2011, 24 peace rebels from 17 countries set out on this miraculous journey, traversing the land, air and ocean to join Peace Revolution's Global Peace on the Move VI Fellowship: Mastering the Art of Inner Peace









The island of the sun-pearl is I nestled away in the Andaman Sea...it was to be the covert training ground for these peace rebels to Master the Art of Inner Peace. Their journey begins...



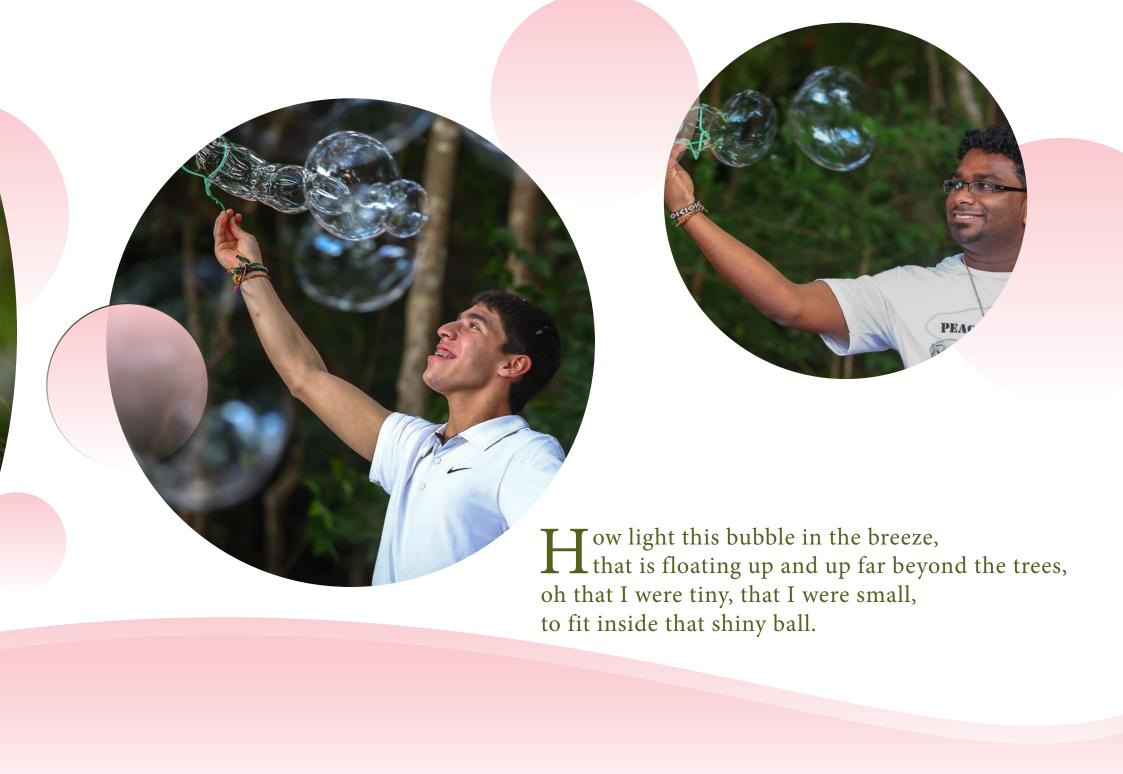






our life, when our inner light is dim, we can reignite the light with the encounter of our true friends. At the fellowship, peace rebels nurture such friendships that will last a lifetime, and it connects the bond of peace to encircle our world.













YOGA



Mastering Inner Peace means mastering both body and mind. Our body and mind share harmonious synergy. With yoga, the mind can reach a state of tranquil stillness while the body is moving, bringing stillness to the next level we call, "stillness within movement."









Patience is the secret of adopting the nature of peace. Sit a little longer. Still a little longer, and soon, what used to be difficult becomes easy. Move deeper and deeper within oneself. Enter a more profound level of purity and emerging bliss.





BEING PRESENT



Being present is that wonderful moment when one lets go of all worries and expectations and just simply celebrates being with oneself, here and now. It is as though the whole universe condenses to singularity as a knowing smile appears on our face.











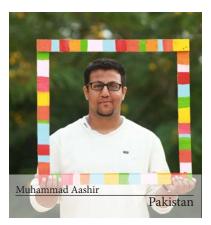




PASSION FOR PEACE



GLOBAL PEACE ON THE MOVE

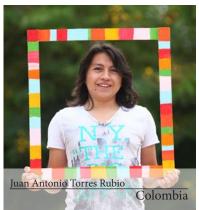










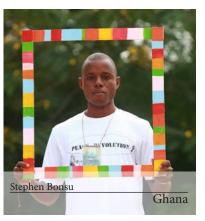


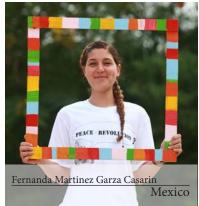






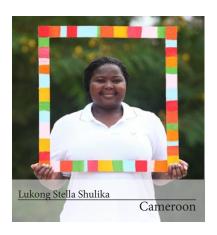








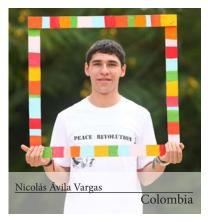


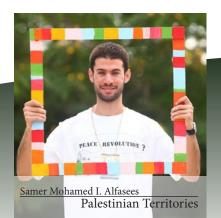






















Congratulations!

Unlocked...

↑ s their journey ensues, the Aknowledgethatthesepeacerebels obtain unlocks the key to the miracle of inner peace. The path becomes illuminated. What was hidden for so long becomes uncovered. Ultimately, this knowledge was not buried on a mysterious island, nor was it hidden in any treasure chest under the ground. The peace rebels discover that the miracle was within them all along. Inner peace lies within us, and our mind is the key. A precious energy originates from the center of our body and radiates to the world. We become carriers of light, with the key to unlock inner peace in others.





