

"Sometimes things happens that can change your life forever, a special turning point that affects the course of your life."

... June 2011 was that moment for us ...



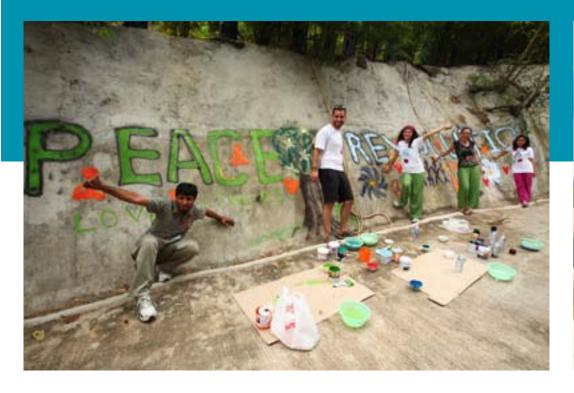
We travel from every corner of the world. We journey in the air, over the land and the sea to our destination.



"Mooktawan Sanctuary"



Though space, culture and religion may appear to divide us, we are brought together by the law of attraction, seeking the same goal and purpose of peace, searching for the answers within.

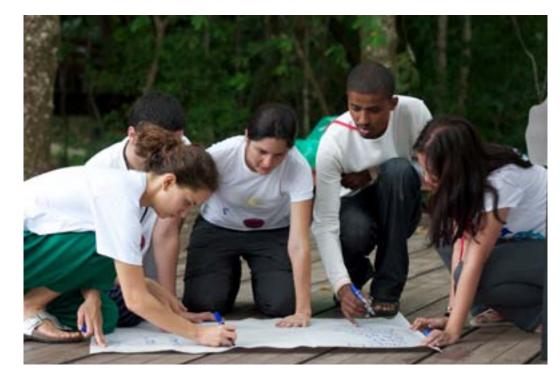






Our adventure starts with the Walk Rally Orientation. It is our chance to explore the new environment, familiarizing with each other. Our day is filled with laughters and wits. We participate in a race against time, using split-second decisions, creativity and rather unique ways of communication.

EXPLORE









BODY & MIND

Yoga is about harmony of the body and the mind. Our beautiful teacher – full of love and light – leads us to this harmony. The road of finding ourselves comes from a perfect balance between the body and the mind. An outer movement that leads to inner stillness.











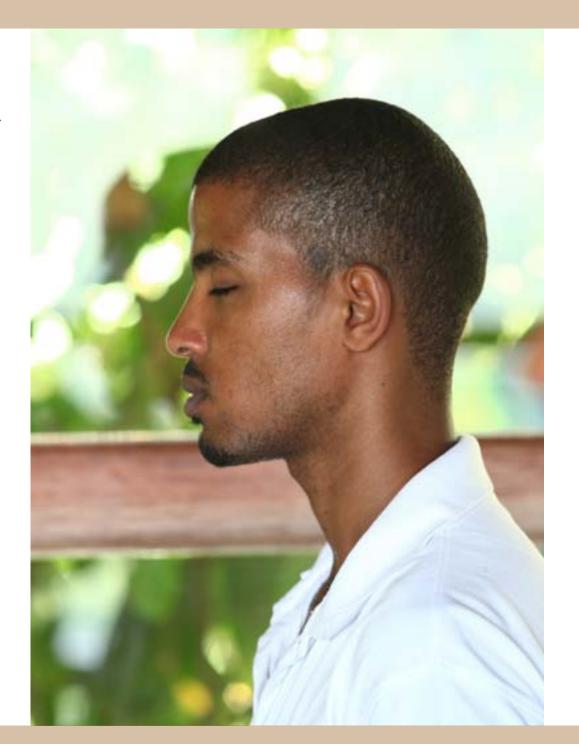
THE LIGHT WITHIN

The practice of peace is stillness of the mind. Our meditation sessions take us on a new journey inward, a new discovery about ourselves and our minds. We follow guides of the teaching monks as they remind us that stillness of the mind is not the end result.





It is the return HOME.





BUBBLES OF JOY



It is time for play, one fresh morning, Out in nature, we blow bubbles of different sizes and once again become like child-like. It is learning by having fun. Meditation is just about that little touch of magic that you need to make it happen effortlessly, softly and gently, just like blowing bubbles.

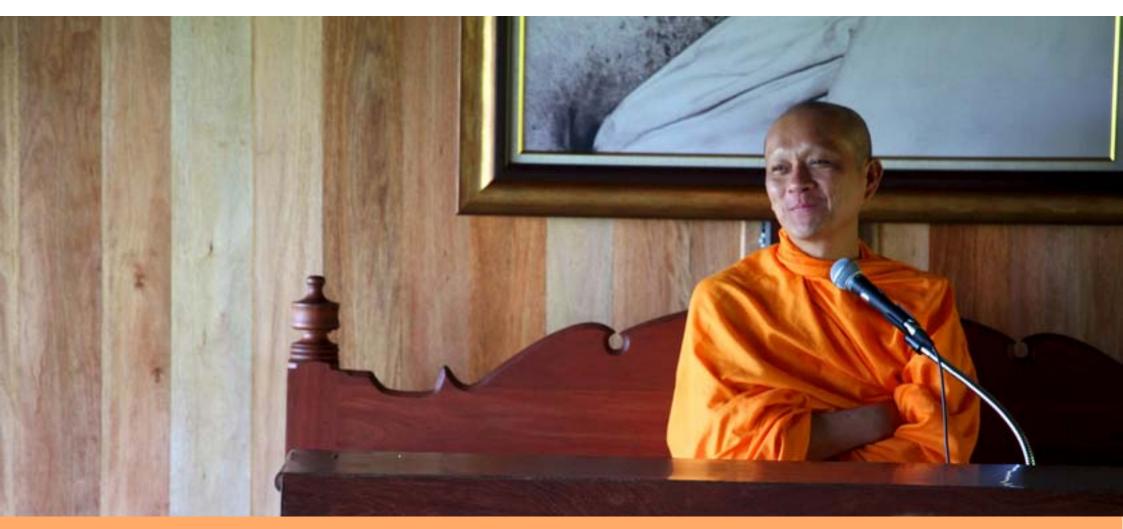


The "meditation clinic" is our chance to speak to the Buddhist monks. Most of us have never met them before. An opportunity to speak with them is precious. We learn about their way of life and receive timeless wisdom of the *Dhamma*.



"I am learning so much. I am changing in many different ways like the teaching monks are giving us a lot of knowledge and they are teaching us everything that we need to know how to improve ourselves to become better people in order to change the world."

Shereen Sartawi, Jordan



MEDITATION CLINIC

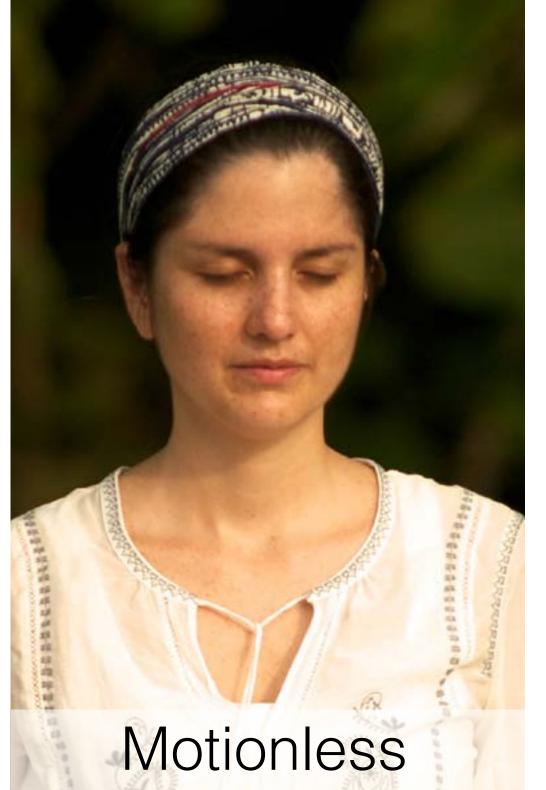




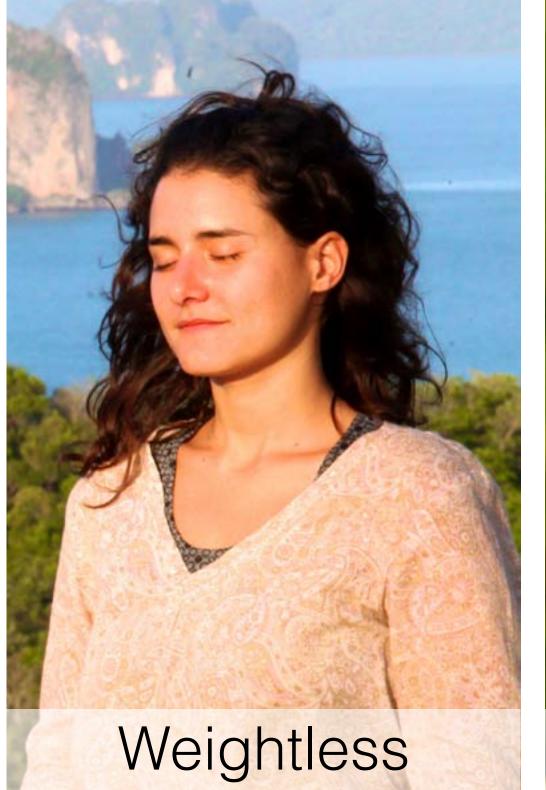
CLEAN IN CLEAN OUT

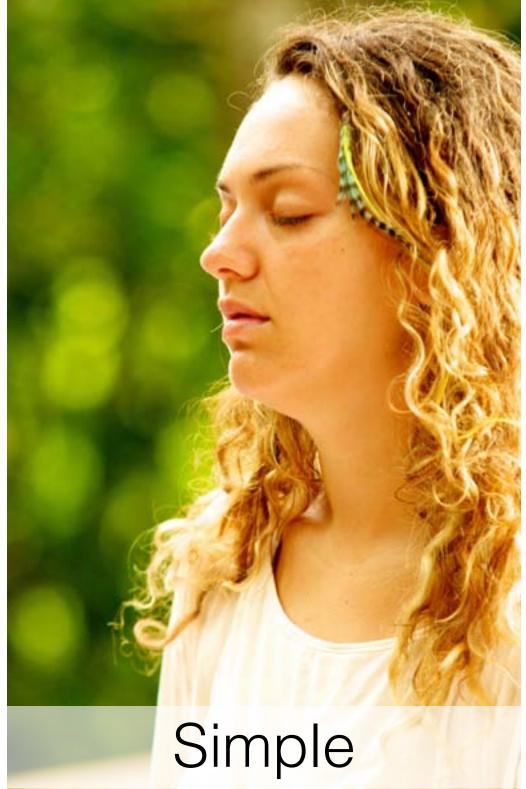


Our inner work goes hand in hand with outer practice, so as we "clean in" our mind, we also "clean out" our environment.











Being One With the Nature

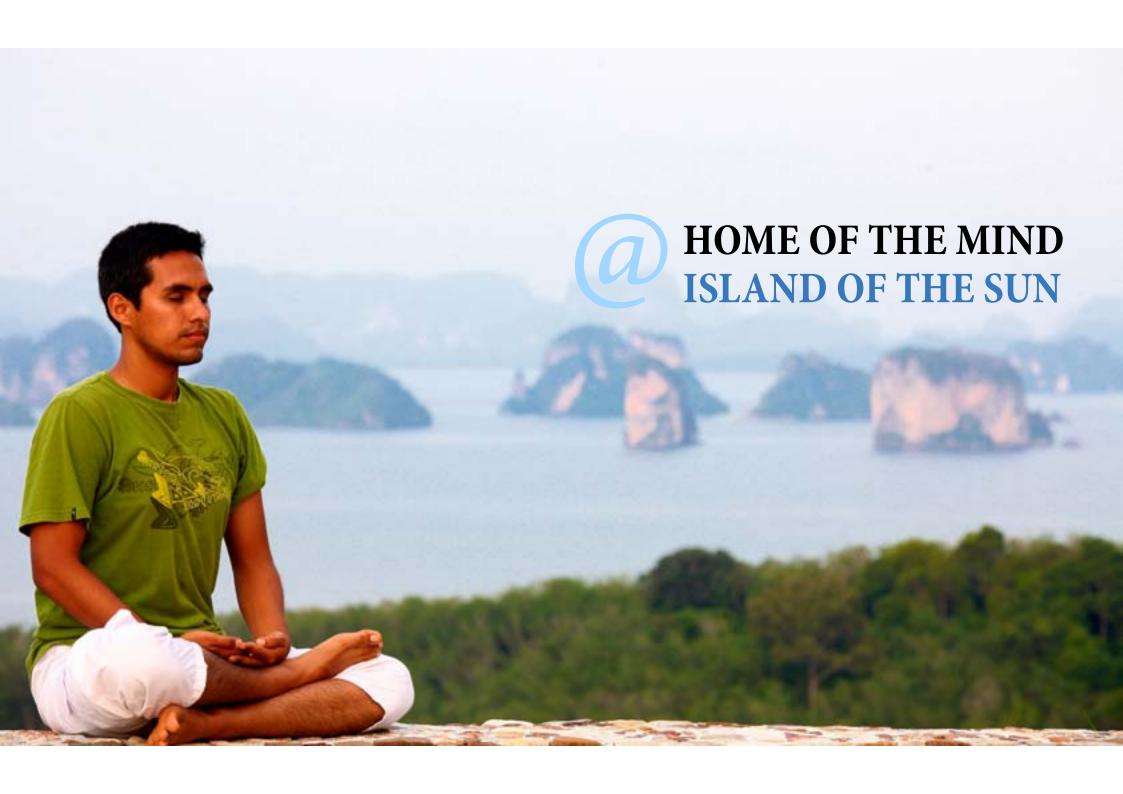
"So basically through meditation you learn to enjoy the world and what you are like a child and it is really complicated because we people like to complicate things. Through meditation, we learn how to simplify them and just be simple. Go back to the innocence and the purity."

Anca Gliga, Romania

"I didn't see something that would make me change my religion but I get a lot of knowledge from this meditation. If I could understand meditation in this, way why not others? They would understand it."

Nabiat Assefa Melles, Ethiopia









"It is a great opportunity to realize that eventual we come from different backgrounds, from different cultures and countries, but in the essence, we are all the same and that all that are here are looking for alternative ways to change their lives and help society. It doesn't matter who you are, how much money you have or in which country you live; what really matters is what you have inside and your intention you have with you and others."

Marco Antonio Bermudez, Colombia

"I love being in an international environment; just the group of people that are here and what we share together and to see that all these people from all over the world were brought here because they believe in peace. It is just an amazing thought to see

this idea manifest itself in this retreat. During meal times you sit across from people from such different places, and they share about their culture, about their views on peace or anything.

I just feel you learn so much.

And then during the meditations you see that there is absolutely no difference between us because we all meditate the same way. We all sit quietly and we benefit from it."

Karolina Szukowzska, Poland





"Being in such a relaxing and beautiful place, being with all gorgeous people from different places of the world, from different background, different religions, different understanding of what Peace Revolution is and how they think of it give you a different perspective of the whole thing you are learning."

Abdulrahman Alhalawani, Jordan



"I have learned a lot about how to live my life. First I gain inner peace and second I learn how to live with people around me. When I come home, I know what I should do with my parents, with my family, my friends and colleagues. The retreat brings me lots of benefits - visible and invisible ...

I was impressed by the activity on the first day (walk rally). In our team we were five people, and we had to organize everything together. And it really showed that we were very good team. We had a very good team spirit and we worked well with each other although we didn't know each other before."

Thuan Hong Do, Vietnam



"We are living in the world where difference has been a beauty of life. But the similarities of human beings are much more than the differences. And we need to focus on the similarities not on the differences. And then of course I learned a lot about meditation, and learning a lot about myself, my true inner self, I would say – and wisdom – the real wisdom inside me."

Mohammad Shahbaz, Pakistan

"The world needs Peace Revolution! Maybe it doesn't want it because it doesn't yet know that it exists, doesn't yet know that it is going on, but the world needs Peace Revolution. If we want peace in the world that's where we need to start, with ourselves, and that's exactly what Peace Revolution is all about."

Emilia Ida Frost, Sweden









Our Gratitude

We make t-shirts that reflect Peace Revolution and offer it as a token of gratitude to the retreat staff. We have a lot of fun.

"Sabai Sabai"

A state of "Sabai" is essential for the peaceful mind. It happens when we are not too serious and not too frivolous, not too tight and not too loose, just right and relaxed, with comfort and ease.











The setting sun provids us a remembrance of peace within us. As the sparkling stars of the Milky Way rise against the backdrop of the night sky, we the Peace Rebels still our minds once more to brighten our inner beings. Light within is reflected outside as we light the candles, a symbol of the sublime inner light of peace that exists within every single human being, at the center of our bodies.









WHATEVER WHENEVER HOWEVER



We come with high hopes, and leave with no expectations ... We know that in this world, people come and go, but we will meet again ... So until that time that we meet again in a far away land or at the center of our bodies ... "whatever, whenever, however".













ROMÂNIA PHILIPPINES JORDÂN ETHIOPIA S











ROMANIA ETHIOPIA VIETNAM COLOMBIA JORDAN



There is a life before and after Peace Revolution. But Peace Revolution is a turning point in our lives, a moment in time that has changed us forever.



