Peace Revolution
Budd Camp
June 21st - July 20th, 2010, Thailand
Our environment and world today is in a state of turmoil; valuable morals are being questioned and overturned. In our social structure we are becoming more and more estranged to each other. As the world is changing very quickly, people are searching for a universal code of conduct that can bring peace to themselves and people around them. Buddhism is a heritage of peace, harmony and happiness that goes beyond limitation of space and time. By applying Buddhist principal, one can easily find peace within oneself that will eventually lead to peace without.
Young peace rebels, who were previously scattered around the globe, finally came together in one place, Thailand, to train themselves in meditation and study Buddhist ethics. In so doing, uphold these ageless moral values and virtues.
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case can occur promptly with the simplest method which is to still one’s mind until attaining the first peace of mind. This is the simplest method that has belonged to the world since the beginning.

Luang Phor Dhammajayo
Meditation is very easy. It gives one a sense of calm, it feels like home. Meditation is a tool to develop yourself. When you develop yourself the whole world changes around you.

Meditation allows you to see your true self and make friends with yourself.

Ivan Tsikota, Belarus
There’s a lot that we don’t know about, as the universe is so big. So just by going within myself, stilling my mind, it gives me a lot of clarity and vision to understand the things around me.

Angely Keita Narayan, France

A still and settled mind will give rise to clarity, just as the moon’s reflection on a lake becomes clear and sharp once the water stills and settles.
With this Peace Revolution program I now know, I am important and I can let go of certain things and become happy. Frankly I am the happiest person in this planet presently.

Joseph Silas Bangura, Sierra Leone
Exercise refreshes the body and adds to its life. Peace Rebels practised daily yoga and exercise to ensure a healthy body. Yoga proved not only to be a ‘work out’, but a way to work on oneself by practising mindfulness regardless of what position the body is in.
Peace Rebels learnt about universal Buddhist principles from teaching monks. Monks are people who have devoted their lives to becoming better people through meditation and self-discovery. Their example mirrors the timeless teachings of the Buddha.
I started to realize that every word, every movement I make has consequences in life. So I start thinking more carefully, in a more peaceful way because now I am more conscious.

Gabriela Velarde, Peru
Inner peace always exists within us, and becomes brighter and brighter the more still our mind becomes. The brightness within is truly limitless. The light that shines within, with also shine externally. We can all brighten our mind, and be a light to the world.

Beyond Boundaries
Thousands of candles can be lit from a single candle and the life of the candle will not be shortened. Happiness never decreases by being shared.

Lord Buddha
Generosity is the habit of giving freely without expecting anything in return. Here peace rebels had the chance to practice generosity by preparing a wholesome meal and offering it to the Abbot of the Lanna Monastery.
The traditional customs and rituals of the country of Thailand is a reminder of the values its people uphold.

In Thailand garlands are traditionally made with jasmine flowers to offer to those worthy of the highest respect, such as offering it to the Buddha by placing it in front of a Buddha statue, offering it to monks or one's parents.

This gesture not only shows the great value Thai people place on respect, but also the value of giving or generosity.

Peace Rebels learnt how to make jasmine garlands and offered it to monks along a canal in Bangkok.
Buddhism is a possibility to improve and develop yourself. This is what the Lord Buddha did. Buddhism is a universal way to become a better human being and develop good habits.
Bereket Kewie, a Peace Rebel, had a dream to ordain as a Buddhist monk. In July 2010 this dream came true. Here Bereket greets the Budd Camp group after they offered him his robes and alms bowl.

A Buddhist monk, or bhikkhu, is someone who lives a simple meditative life, and undertakes a code of conduct, the vinaya, in order to purify their body speech and mind. It is a monk’s aim in life to achieve liberation from suffering and attain Nirvana.
If everyone in the world brings their mind to a standstill at the center of the body and attains true peace, world peace can then become a reality. This situation is neither too lofty a goal to reach, nor is it a dream. It is something that can happen if everyone realizes that they have the very best quality within themselves and begins practicing meditation by focusing their mind at the center of the body.

If we are all united in doing this, the world will change from darkness to brightness, from impurity to purity, from selfishness to sharing, and be filled with love.