

PEACE REVOLUTION
explores the link between
meditation and the following areas:

PEACE BUILDING
STRESS MANAGEMENT
WORK/LIFE BALANCE
SELF - DISCOVERY
EMPOWERMENT
EMPATHY & RELATIONSHIP
CREATIVITY



PEACE REVOLUTION
is open to **ANYONE**
regardless of
RACE - RELIGION - CULTURE
GENDER

"After practicing meditation and learning how to cultivate inner peace, I became capable of understanding and loving myself. It's very clear to me now that my purpose of life is to make everyone happy from inner peace"

AYAME HIDESHIMA
Japan

"By connecting to my true-self, my passion for sharing and encouraging self-development in others is greater. Meditation is a self transformational tool with positive and powerful benefits worldwide!"

LUCILA VOLOSCHIN
Argentina

At some point, I realized that it is all about the mind. It needs constant training. Meditation helps me to clean the mind and stay aware; ready to serve the present moment.

AGNIJA KAZUŠA
Latvia



Unlock your hidden potential and start
your Inner Revolution today!



  PeaceRevolution

WWW.PEACEREVOLUTION.NET

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Since 2008
The only project bringing together:
**PEOPLE, TECHNOLOGY
MEDITATION & MINDFULNESS**
for self-development and
world peace worldwide

Peace Revolution is an international project under the World Peace Initiative Foundation working for the culture of peace. Its slogan "Peace In, Peace Out" (PIPO) stands for each individual's choice to be the change they wish to see in the world. We believe that world peace is achievable, and it starts with each individual working on developing their own inner peace. Hence, when we improve our own inner peace we are contributing to a more peaceful world.

PI

[Peace In]

We work on empowering individuals through:

Self-development program

We offer a free online self-development program, that combines online guided meditations and mindful lifestyle reflections to support each participant in their own personal development. The aim is to teach the participants to develop their own skills and techniques so that they can cultivate inner peace.

Fellowships

International retreats held in Thailand and regional retreats are held in countries all across the world. The retreats are designed for active and committed participants who have a passion for self-development, meditation and are interested in becoming active agents of change within their communities.

PO

[Peace Out]

We have a network of international alumni who are actively involved in peace building through:

Online meditation

Internet-based meditation sessions are held all around the world, conducted by qualified trainers, where anyone is welcomed to join. It is a great opportunity to connect with like minded individuals around the world and share a moment of peace.

Peace on demand activities

There are a series of international events (retreats, workshops, and meditation sessions) that are held in universities, schools, studios, companies and organisations in countries all across the world. These events are organised and hosted by local volunteers who are actively involved in the project. The events are conducted by qualified professional meditators which include teachings and meditation sessions.

